

# Dementia Training Australia Optimising antipsychotic medication Management for responsive behaviour

\* This guide is not intended to be used for the management of patients with acute severe behavioural disturbance.

## **Stage One**

#### Identify the target responsive behaviour and liaise with the prescriber

- 1. Exclude delirium/depression, adverse drug effects or interactions, infection or pain by liaising with the prescriber. Consider a medication review. Refer to appropriate guidelines to manage any identified causes.
- 2. If available, contact your in-house dementia specialist for advice regarding **first-line non-pharmacological** interventions. For further advice contact Dementia Support Australia (DSA) on **1800 699 799**.
- 3. Review and amend the current care plan, ensuring a focus on individualised, person-centred care strategies.
- 4. Should these measures adequately manage the responsive behaviour, **maintain** care provision using the amended care plan, with regular **monitoring** and **review**.

## Unresolved responsive behaviour

If modification of care provision does not adequately manage the behaviour, liaise with the prescriber.

Whilst pharmacological management **may** be considered at this time; **non-pharmacological** approaches should be maintained throughout.

An antipsychotic medication should only be considered for use in a person with dementia for:

- a. Distressing psychosis or
- b. A behaviour that is harmful/severely distressing to the individual or puts others at risk.

Most other symptoms are unlikely to respond to treatment with an antipsychotic medication.

# Stage Two Suggested Plan: If an antipsychotic is to be trialled

- 1. Commence antipsychotic medication using a **regular low dose** (refer to **FOR PRESCRIBERS: STARTING A REGULAR ANTIPSYCHOTIC** card).
- 2. Monitor for ongoing response and potential side-effects (refer to POTENTIAL SIDE-EFFECTS card):
  - a. If side-effects develop at any stage, immediately contact the prescriber.
  - b. **Maintain non-pharmacological** approaches.
- 3. Review after 2 to 4 days for effectiveness:
  - a. If no/inadequate response, contact prescriber and consider increasing the dose.
  - b. If tolerated and effective, continue treatment.
- 4. At 1 to 2 weeks, prescriber to review for response and side-effects:
  - a. If the antipsychotic is ineffective/not tolerated, **cease** it. Should an alternative antipsychotic be trialled, return to Step 1.
  - b. If the antipsychotic is tolerated and effective, continue treatment. **Monitor** for response and **side-effects**, **maintain non-pharmacological** approaches.
  - c. Discuss and develop a withdrawal plan with the prescriber. Prescriber to initiate withdrawal plan; aiming to cease no later than 12 weeks (refer to WITHDRAWAL PLAN card).
- 5. At **6 weeks**, prescriber to **review** for response and **side-effects**. Repeat Step 4a and 4b. Consider **withdrawal** if not already initiated.
- 6. At **12 weeks**, prescriber to **review** suitability for resolution of the target responsive behaviour.
- 7. If the target responsive behaviour reoccurs after dose reduction or cessation refer to WITHDRAWAL PLAN card.
- \* **REMINDER STICKERS** are available to assist; place them in the Communication Book or Resident Notes as appropriate.