



General Practice Management Plan – Item Number 721

DEMENTIA – STAGE 2 GOAL OF CARE – Maintain Dignity Through Safety

Patient's Name:	Date of Birth:
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Contact Details:	Medicare or Private Health Insurance Details:

Details of Patient's Usual GP:	Details of Patient's Next of kin/Guardian

Date of last Care Plan/GP Management Plan (if done):

Date of last Family Meeting (recommended 6 monthly):

Date of next Family Meeting:

Other notes or comments relevant to the patient's management plan:

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PAST MEDICAL HISTORY:

MEDICATIONS:

ALLERGIES:

FAMILY/SOCIAL HISTORY:

Stage 2 Dementia Management Plan: Goal of care = Maintain Dignity Through Safety

DOMAIN	PATIENT PROBLEM	TREATMENTS/SERVICES/ PATIENT & FAMILY ACTION	ARRANGEMENTS FOR TREATMENTS/SERVICES (who, when) – as needed
Cognition	<ul style="list-style-type: none"> Increasing memory loss Speech difficulties Increasing difficulty with complex tasks 	<ul style="list-style-type: none"> Medication review – consider de-prescribing medications which impair cognitive functioning e.g. anticholinergic drugs, sedatives Consider role of drugs which may help maintain cognition e.g. Acetylcholinesterase inhibitors Legal affairs in order e.g. Power of Attorney, Guardianship, Will, Advance Care Directive Facilitation of transition in to care Collaboration between care staff/family/GP Family education 	<ul style="list-style-type: none"> Practice Nurse General Practitioner Geriatrician Family meeting – 3 monthly
Function	<ul style="list-style-type: none"> Impaired instrumental functions Impaired functions of daily living 	<ul style="list-style-type: none"> Driving assessment Home hazards assessment Hobbies/Community involvement Addressing basic needs – clothing, food, hygiene Facilitation of transition in to care Collaboration between care staff/family/GP Family education 	<ul style="list-style-type: none"> On-line resources e.g. Dementia Australia www.dementia.org.au Practice Nurse General Practitioner My Aged Care Care package Occupational Therapist driving assessment Community physiotherapy/OT/Social Work Home help Meals on wheels Travel assistance Respite Care arrangements
Psychiatric	<ul style="list-style-type: none"> Depression Anxiety Delusions Hallucinations 	<ul style="list-style-type: none"> Screening of mental health in patient Screening for mental health issues in carers Collaboration between care staff/family/GP Family education 	<ul style="list-style-type: none"> Practice Nurse General Practitioner Consider Psychologist Consider Psychogeriatrician
Behaviour	<ul style="list-style-type: none"> Social withdrawal Frustration Sleep disturbance Wandering Hoarding 	<ul style="list-style-type: none"> Carer education and increased support Routine Increased social engagement Facilitation of transition in to care Collaboration between care staff/family/GP 	<ul style="list-style-type: none"> Practice Nurse General Practitioner Family meeting – 3 monthly Dementia outreach service On-line resources e.g. Dementia Australia www.dementia.org.au or Dementia Support Australia www.dementia.com.au Respite Care arrangements
Physical	<ul style="list-style-type: none"> Failure to maintain physical health care needs 	<ul style="list-style-type: none"> Home Medication Review with emphasis on rational prescribing of medication Nutritional Assessment Dental review Continence assessment Falls assessment Immunisation – influenza, pneumococcus, herpes zoster Facilitation of transition into care Collaboration between care staff, family and GP 	<ul style="list-style-type: none"> Practice Nurse General Practitioner Pharmacist Community dietician Physiotherapist/OT

Copy of GP Management Plan offered to patient? ☐ Yes ☐ No

Copy / relevant parts of the GP Management Plan supplied to other providers? ☐ Yes ☐ No

GP Management Plan added to the patient's records? ☐ Yes ☐ No

Date service was completed:	Proposed Review Date:
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I have explained the steps and any costs involved, and the patient has agreed to proceed with the plan.

GP's Signature: _____

Date: _____

**This General Practice Management Plan was developed by GPs: Dr Mandy Lo; Dr Hilton Koppe;
Dr Marita Long and Dr Dimity Pond**

**Dementia Training Australia is supported by funding from the Australian Government under the
Dementia and Aged Care Services Fund**